



PEER COACHING

Purpose: To explore the doing and being side of leadership as it relates to leading initiatives at YLS.

Roles:

- Coaches pick one of the 5 skills to focus on while coaching.
- Coachees: focus on being open to learning.

Jot down ideas for yourself as this thinking can help prepare for sharing with Steering Committee in November.

SAMPLE COACHING QUESTIONS

- As a leader, what are you most focused on developing TODAY?
- How will your mindset, energy, emotions drive how you will move your initiative forward to shape YLS culture?
- What kinds of emotions and energy do you want to bring forward as you lead the initiatives?
- What emotions/type of energy might get in the way of your ability to lead change?
- As you lead these initiatives at YLS, what will be most challenging for you? What might throw you off from being your best self? How will you know you're not at your best?
- What strategies or support systems will help you get back on track?
- How will you sustain your own inspiration and focus on these initiatives (“a leader’s first job is to inspire self”)?