

**PREWORK**

# Inspiring Team Performance

# Leader Summit

## OVERVIEW

High performing teaming and trust building happens through shared experiences and are accelerated when there is stress, vulnerability, collaboration and recovery. In this Leader Summit experience, participants break into groups and are provided a framework for presenting their values and defining experiences that have shaped the leader they are today. These groups report out to the full team on meta themes and insights.

\*This module draws from the works of scholars and business leaders such as Joseph Campbell, Brene Brown, Warren Bennis, Bill George, and Stew Friedman to demonstrate the power of story and authenticity in leadership.

## PREWORK

**Reflect on your leadership journey over the course of your life and identify experiences that make you the leader you are today (hero, low points, transitions, and critical events).**

### HERO/MENTOR

- Who is the person and what is your relationship to them?
- List their top 3 strengths or how they inspired you.
- Identify 1 way their influence has shaped you as a leader.

### HARDSHIP

- What was the personal or professional hardship?
- List 1-3 strengths this experience built in you.
- Identify 1 way this hardship shaped you as a leader.

### HIGHLIGHT

- What was the highlight or accomplishment?
- List 1-3 strengths you used.
- Identify 1 way this highlight shaped you as a leader.

**As you reflect on your hero/hardship/highlight - what is important as you look at leading in your role in the next 6-12 months?**

